



MY COACHING PARTNERS

*Professionals with whom I coach
around the World whom I also
recommend to my clients*

We are an international group of coaches,
who share coaching expertise across diverse
cultures, locations, topics and backgrounds,
so our clients can benefit from a whole
spectrum of coaching styles and approaches

Our coaches



WAYNE GIBSON

personal growth & authenticity

Based in Regina, Canada
Works in English



MEEJA JALANDONI

path to success in work + life

Based in Calgary, Canada
Works in English, Filipino



NAYLA MOUDABER

relationships & transitions

Based in Beirut, Lebanon
Works in English, French, Arabic



TATIANA SELSKAYA

navigation through uncertainty

Based in Moscow, Russia
Works in English, Russian



ALEX VARELAS

achievement & transformation

Based in Athens, Greece
Works in English, Greek



WAYNE GIBSON

personal growth & authenticity

Based in Regina, Canada
Works in English

Credentials: ECPC (Erickson International)

Contact info: writerwayne@hotmail.com

Background:

17 years of professional communication experience as a journalist and in the municipal government sector. Trained musician with 20+ years as a studio teacher, performer, and collaborative pianist.

I hold a BA in Music from Prairie College and Graduate Certificate in Professional Communication Management from Royal Roads University.

Specialty:

What's the story of your life so far? Are you fulfilled in your personal and professional life, and in the community of people that surround you? If you could change anything, what would it be?

Most of us establish dreams early on and experience life as a journey to achieving them. But sometimes we find ourselves on a different path than expected or living a story we don't recognize.

My privilege as a coach is to support clients in gaining insight into their experiences, creating new self awareness and confidence, and constructing a road map that moves them forward in a way that is authentic, purposeful, and personally fulfilling.

Whether you are navigating a career change, making a bold new decision, searching for work-life balance, or embarking on a new relationship, I am here to help you identify your core values and create the life you dream of living.



MEEJA JALANDONI

path to success in work + life

Based in Calgary, Canada

Works in English, Filipino

Credentials: PCC (ICF), ECPC (Erickson International)

Contact info: <https://coaching-innovation.ca>

Background:

20+ years career in financial services with Citibank, IBM Daksh, RCBC and UnionBank, including executive positions as Senior Vice President and Head of Corporate Banking and Chair of strategic Innovation project. Board member of ICF Calgary. Wife and mother.

I hold BS Industrial Engineering from Lehigh University PA, USA and have taken courses at Stanford University. I'm also an entrepreneur.

Specialty:

For me, Success combines both personal and professional fulfillment. It's about work + life in balance so you and your family can THRIVE.

That's why I am a coach.

I can help you get to the top of your career while balancing your work + life, so that you can feel like all of it is possible.

Whether you are a manager transitioning from individual performer to a leader, an entrepreneur starting or growing your business, or a seasoned executive transitioning to the top job as Vice President, Director, President/CEO, I can support you on your way to the top.

With me as your coach you have a guide and partner, so it will feel simple and easy to find Your Map to Success.

You can do it your way, on your time, without ever leaving your desk!



NAYLA MOUDABER

relationships & transitions

Based in Beirut, Lebanon

Works in English, French, Arabic

Credentials: ACC (ICF), ECPC (Erickson International)

Contact info: <https://naylamoudaber.com>

Background:

Double major in Hotel Management and Psychology. Worked at the Ritz in London then moved to Lagos, Nigeria where I worked for the family business.

After my divorce, got my ACTP training at Erickson Coaching and decided to work as a full-time coach. I am now finishing a degree in Rational Emotive Behavioral Therapy CBT/REBT.

Specialty:

When navigating relationships, whether they are personal or professional, we are often faced with obstacles or find ourselves in situations where we feel 'stuck' and cannot move forward.

This is where I can assist individuals to get in touch with their inner resources and examine possibilities that will allow them to progress.

Relationships, separation and reconciliation with oneself are all issues particularly close to my heart, as I have personally been through the experience and thankfully, came out on the other side with a very positive outcome.

I truly believe that every individual is capable of enacting positive change in their life. My focus is on creating a safe and responsive environment where positive action-taking can occur. I use a solution focused process that leads each individual to take action steps at own pace with a positive forward momentum.



TATIANA SELSKAYA

navigation through uncertainty

Based in Moscow, Russia

Works in English, Russian

Credentials: ACC (ICF), ECPC (Erickson International)

Contact info: <http://shiftologist.com>

Background:

11 years of international career in management consulting and project management in emerging and frontier markets, with the focus on corporate and government transformations in the Middle East and South Asia. Ex-McKinsey (as a Senior Engagement Manager).

I hold an MBA from INSEAD and BSc in Economics from the Moscow Lomonosov State University.

Specialty:

Your next level, what's that? It might be knocking on your door in the form of a specific project. Or maybe, the future is foggy and all you know is that something needs to change, but what? It could be the right time to explore.

I serve clients on a wide range of career and business topics that can be roughly segmented into two types.

The first one is about recalibrating priorities and initiating a transition onto another level (whatever it is, and in fact, it may be quite a surprise at times).

The second one is about building momentum and scaling up the new beginning – an additional push we all need when launching something new.

I'll be inspired to serve you on both.



ALEX VARELAS

achievement & transformation

Based in Athens, Greece

Works in English, Greek

Credentials: ACC (ICF), ECPC (Erickson International)

Contact info: <https://www.alex-varelas.com>

Background:

20+ years of line management experience in the sectors of banking and telecoms, in the functions of commercial, operations, customer service, finance, IT and HR.

I hold an MBA from INSEAD, an M.Sc. from Columbia University in New York and a Diploma from the National Technical University of Athens.

Specialty:

Would you want to do better in your current job or change jobs, but find it hard or don't know how to approach it? Are you facing changes at work while being unsure how to best deal with them? Are you hesitating before an important professional decision?

A big part of professionals are in similar situations, regardless of capabilities, past achievements or seniority.

Issues like that usually cannot be resolved just by taking someone's advice. They are deeper.

I'll be delighted to help you take control of your transformation process: visualize clearly your objectives, find solutions that suit you best and mobilize yourself to get moving towards your goal.

I am here to help you achieve the results you want.